

*Borough of*

Fall/Winter 2023

# CONSHOHOCKEN

*Newsletter*



***New Playground  
equipment at B-Field***

*see page 3*

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***Borough Office: 400 Fayette Street, Suite 200, Conshohocken, Pennsylvania***

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## Dominic A. Coccia, Jr.

*Certified Public Accountant*

dom619@aol.com | Office: 610-825-1617  
 Fax: 610-825-8644

619 Maple Street  
 Conshohocken, PA 19428

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# NEW PLAYGROUND EQUIPMENT AT THE B-FIELD

This Spring, the Borough partnered with Recreation Resource to overhaul the existing playground at the B-Field. Previously, Recreation Resource worked with the Borough Public Services crew to renovate Sutcliffe Park, Mary Wood Park, and the Aubrey Collins playground.

The new B-Field Playground has equipment accommodating three specific age groups: 6 to 23 months, 2-5 years, and 5-12 years.

Like Sutcliffe, Mary Wood, and Aubrey Collins Park, the B-Field Playground has a plastic stone border around the perimeter, with the interior consisting of a poured-in-place rubber safety surface.

The list of brand-new equipment at the B-Field Playground includes:

- Core Climber
- Orb Inclusive Rocker
- Volta Inclusive Spinner
- 5-12 year age group spinner
- 2-5 year age group spinner
- 2-5 year age group playground structure
- Sand Diggers
- Swings/Tot Buckets/ADA Seat Swing/Parent-Child Seat-Swing

The new B-Field Playground is now open! We hope our residents and entire community enjoys all that the new park has to offer!



# 2023

## MUNICIPAL ELECTION

**ELECTION DAY**  
**Tuesday,**  
**November 7, 2023**

**VOTER REGISTRATION**  
**DEADLINE:**  
**Monday, October 23, 2023**

**ABSENTEE OR MAIL-IN BALLOT**  
**APPLICATION DEADLINE**  
**Tuesday, October 31, 2023**

Polls are open on election day from 7:00 AM - 8:00 PM

**APPLY FOR A MAIL-IN OR CIVILIAN ABSENTEE BALLOT ONLINE:**

<https://www.votespa.com/Voting-in-PA/Pages/Voting-by-Absentee-Ballot.aspx>

**KNOW YOUR WARD! *Do you know where to vote?***

**Conshohocken Borough has 7 voting wards and 5 different polling locations:**

- **WARD 1 & 4:** Conshohocken Community Center at the Fellowship House (Gymnasium), 515 Harry Street, Conshohocken, PA 19428
- **WARD 2 & 3:** Conshohocken Community Center at the Fellowship House (Multipurpose Room), 515 Harry Street, Conshohocken, PA 19428
- **WARD 5:** Conshohocken Fire Company No. 2: 819 Fayette Street, Conshohocken, PA 19428
- **WARD 6:** Borough Hall, 400 Fayette Street, Conshohocken, PA 19428
- **WARD 7:** A.A. Garthwaite Stadium (A-Field), E 11th Avenue & Harry Street, Conshohocken, PA 19428



## Borough Of Conshohocken Council Members



### WARD 1

#### **Karen Tutino**

484-243-6094  
ktutino@conshohockenpa.gov

#### **Voting Location:**

Community Center at the Fel  
515 Harry Street (Gymnasium)



### WARD 2

#### **Adrian Serna**

484-535-4358 • 610-828-1092 ext.138  
aserna@conshohockenpa.gov

#### **Voting Location:**

Community Center at the Fel  
515 Harry Street (Multipurpose Rm.)



### WARD 3

#### **Tina Sokolowski**

610-828-1092 ext.133  
tsokolowski@conshohockenpa.gov

#### **Voting Location:**

Community Center at the Fel  
515 Harry Street (Multipurpose Rm.)



### WARD 4

#### **Anita Barton**

610-213-5819  
abarton@conshohockenpa.gov

#### **Voting Location:**

Community Center at the Fel  
515 Harry Street (Gymnasium)



### WARD 5

#### **Kathleen Kingsley**

610-828-1092 ext.135  
kkingsley@conshohockenpa.gov

#### **Voting Location:**

Conshohocken Fire Company, #2  
819 Fayette Street



### WARD 6

#### **Stacy Ellam**

610-828-1092 ext.139  
sellam@conshohockenpa.gov

#### **Voting Location:**

Borough Hall  
400 Fayette Street



### WARD 7

#### **Colleen Leonard**

610-322-0386  
cleonard@conshohockenpa.gov

#### **Voting Location:**

Fieldhouse/ "A" Field  
East 11th Avenue & Harry Street

## U.S., PA & Montgomery County Elected Officials



**Senator Robert Casey**  
2000 Market Street, Suite 610  
Philadelphia, PA 19103  
215-405-9660  
casey.senate.gov



**Senator John Fetterman**  
200 Chestnut Street, Suite 600  
Philadelphia, PA 19106  
215-241-1090 • fetterman.senate.gov



**Congresswoman Madeleine Dean**  
115 E. Glenside Ave., Suite 1  
Glenside, PA 19038  
215-884-4300  
dean.house.gov



**Governor Josh Shapiro**  
508 Main Capitol Building  
Harrisburg, PA 17120  
717-787-2500  
Governor.pa.gov



**Lieutenant Governor Austin Davis**  
508 Main Capital Building  
Harrisburg, PA 17120  
717-787-3300  
ltgov.pa.gov



**State Senator Vincent Hughes**  
District Office  
2401 N. 54th St.  
Philadelphia, PA 19131  
215-879-7777  
senatorhughes.com



**Representative Greg Scott**  
54th Legislative District  
1019 West Main Street  
Norristown, PA 19401-4406  
(484) 685-3494  
pahouse.com/scott/

### **Montgomery County Government**

One Montgomery Plaza, Suite 800  
Norristown, PA 19404 610-278-3000 www.montcopa.org

### **Montgomery County Commissioners**

- Kenneth E. Lawrence, Chair
- Jamila H. Winder, Vice Chair
- Joseph C. Gale, Commissioner

**District Attorneys:** Court House, 4th floor  
P.O. Box 311, Norristown, PA 19404-0311, Phone: 610-278-3090

- **Treasurer** - Jason Salus, 610-278-3066
- **Register of Wills** - Bruce Hanes, 610-278-3400
- **Recorder of Deeds** - Jeanne Sorg, 610-278-3289
- **Solicitor** - Raymond McGarry (Interim), 610-278-3033
- **Public Safety** - Michael Vest, 610-631-6500
- **Health & Human Services** - Dr. Tamra Williams, 610-278-5800
- **Voter Services** - Dori Sawyer, 610-278-3280
- **Veterans Affairs** - Dennis Miller, 610-278-3287

# A MESSAGE FROM THE MAYOR



## Thomas' story

Thomas Aronson was born a heart warrior on January 18, 2023. As with much of our mental health work and advocacy in Conshohocken, Sarah and I want to share Thomas' and our story so we can be a resource to others.

Last summer, at our 20-week anatomy scan, Thomas was diagnosed with hypoplastic left heart syndrome, a severe congenital heart defect requiring three major heart surgeries. Due to the severity of his HLHS, he was given a 50% chance of being a candidate for his first surgery post-birth. We were so thankful that Thomas overcame almost every challenge he faced in the womb, developing well and with no additional complications.



Thomas had open heart surgery when he was less than 48 hours old and spent the first 2 1/2 weeks of his life in intensive care at the Children's Hospital of Philadelphia (CHOP). We watched as tubes, catheters, implants, and IVs were removed until he finally was able to come home just in time to watch the Eagles play in the Super Bowl.

At the end of May, Thomas was big and strong enough to have his second heart surgery. While the surgery was successful, his incision became infected, and we spent the next month at CHOP. We learned, truly, what it meant to be "CHOP parents" and leaned on so many in this community, whether it was to bring in packages from the rain, have food to come home to after a long day, or even with donated toys to keep Thomas entertained in the hospital.

At the time of this publication, Thomas will be eight months old and has continued to grow and gain weight. He has regular heart checks with his cardiologist but wants to be an active, smiley, extroverted baby, ready to chat with anyone in the Borough.

Sarah and I plan to share more of Thomas' journey so that we can raise awareness of congenital heart defects, which affect one out of every 100 babies born each year. We hope to provide support



through our nonprofit, Destination Conshohocken, and by supporting Beats for Bella, a Conshohocken-based nonprofit organization focused on raising awareness of, and funding for, congenital heart defects which served as an incredible resource for us during Thomas' two surgeries and stays at CHOP.



The families we have met in this heart community were our rock these past few months, and we hope to be the same for others. We are also beyond thankful to the amazing doctors, nurses, and staff at CHOP. All of the stories we have heard about this amazing facility are true!

Thank you, friends and neighbors, for your friendship and support. Keep fighting, little Thomas; we love you!

For more information:

## Beats for Bella

- This 501(c)(3) nonprofit organization is funded solely by donations and volunteers.
- Regular events include Beards for Bella, a golf outing, a gala, and more.
- Participate in this year's Beards for Bella beginning December 1.
- @Beats for Bella on Facebook and @beatsforbella on Instagram.
- www.beatsforbella.com.
- info@beatsforbella.com, 610-316-1743.

## Destination Conshohocken

- A 501(c)(3) nonprofit organization committed to charity, volunteer services, community engagement, and promotion of the arts in greater Conshohocken.
- Regular events include Conshohocken Arts Festival and Car Show, Conshy Strong Bingo, Community Self-Defense, Holiday Cards for Troops, and more.
- @DestinationConshy on Instagram, @Destination Conshohocken on Facebook.
- ConshohockenArtsFestival@gmail.com.

Please keep in touch by joining me on social media, reaching out via email, or stopping by during my office hours. I hope to see you in the Borough!

Yaniv



## SPEAK WITH THE MAYOR

✉ yaronson@conshohockenpa.gov 🖱 ConshohockenMayor.com

📘 Yaniv Aronson 📷 yanivaronson 🎵 conshymayor

👤 conshymayor 📞 484-532-8144

## IN-PERSON OFFICE HOURS:

The second and fourth Monday of each month from 6:00 p.m. to 7:30 p.m. at the Conshohocken Community Center at the Fellowship House



# BOROUGH ADMINISTRATION INFORMATION



## BOROUGH CONTACT INFORMATION

Borough Hall  
400 Fayette St, Suite 200, Conshohocken, PA 19428  
Phone: 610-828-1092 • Fax: 610-828-0920  
Website: [www.conshohockenpa.gov](http://www.conshohockenpa.gov)  
Verizon Cable Channel 20  
Comcast Cable Channel 965  
Like us on Facebook at: [ConshohockenBorough](https://www.facebook.com/ConshohockenBorough)  
Follow us on Twitter: [@ConshyBorough](https://twitter.com/ConshyBorough)  
Follow us on Instagram: [ConshyBorough](https://www.instagram.com/ConshyBorough)

## CONSHOHOCKEN POLICE STATION

400 Fayette St, Suite 100 • Conshohocken, PA 19428  
Phone: 610-828-4032 • Phone: 610-828-4033  
Fax: 610-828-5243 • Emergency: 911

## COMMUNITY CENTER AT THE FELLOWSHIP HOUSE

515 Harry Street • Conshohocken, PA 19428  
Phone: 610-828-3266

Website: [conshohockenrsp.recdesk.com](http://conshohockenrsp.recdesk.com)

Like us on Facebook at:

[www.facebook.com/CommunityCenterattheFel](https://www.facebook.com/CommunityCenterattheFel)

## OFFICE OF THE BOROUGH MANAGER

- **Borough Manager: Stephanie Cecco**
- **Executive Assistant to the Borough Manager: Brittany Rogers**
- **Communications Manager: Paul Gornowski**
- **Monday – Friday: 8:30 AM – 4:30 PM**

The Borough Manager is the Chief Administrative Officer of the Borough and is responsible to the Council for the administration of Borough affairs. All departments, offices, and agencies of the Borough are directed and supervised by the Borough Manager. She manages the day-to-day operations, administration, and execution of policies and objectives set by the Borough Council. This department also oversees Borough Boards & Commissions, Right to Know Requests, Communications, and Borough Special Events.

## ADMINISTRATION SERVICES

- **Director of Administrative Services: Angela Metz**
- **Monday – Friday: 8:30 AM – 4:30 PM**

The Department of Administrative Services focuses on delivering quality, reliable, customer-oriented services to Borough residents. The Director of Administrative Services manages administrative and financial services; including human resources, and pension matters; finance records and transactions, insurance, and records management. This Department is also responsible for the administration of all insurances, coordination and upkeep of all benefit contracts, and managing constituent and customer services.

## COMMUNITY DEVELOPMENT & FEDERAL GRANT PROGRAMS

- **Community Development Officer: Christine Stetler**
- **Monday- Friday: 8:30 AM – 4:30 PM**

The Community Development Officer oversees Conshohocken's Housing Rehabilitation Programs, which assists low and moderate-income homeowners in bringing their homes up to code conformance in order to enable more comfortable and safe living.

## POLICE DEPARTMENT

- **Acting Chief of Police: Dave Lennon**
- **Office Hours (non-emergencies) Monday – Friday: 8:00 AM – 4:00 PM**

The Conshohocken Police Department is committed to providing protection and services within the Borough on a 24-hour-a-day basis, with a strong emphasis on public safety and community awareness. The Police Department also hosts several community outreach initiatives to benefit Conshohocken residents.

## RECREATION SERVICES

- **Director of Recreation Services: Lauren Irizarry**
- **Visit [conshohockenrsp.recdesk.com](http://conshohockenrsp.recdesk.com) for hours of operation and daily schedule of activities.**

The Recreation Services Department is responsible for the daily operations of the Community Center at the Fellowship House. It also provides a wide range of recreational activities, programs, events, fitness, and wellness opportunities for all ages. These activities are made available to the public at the Borough's many parks and recreational facilities.

## OPERATIONS/PUBLIC SERVICES DEPARTMENT

- **Executive Director of Operations, Emergency Management Coordinator, BCO: Z Raymond Sokolowski**
- **Administrative Assistant, and Operations: Shauna Wylesol**

The Operations Department delivers community services through four divisions: Emergency Management, Fire Services, Licenses & Inspections and Public Services.

### EMERGENCY MANAGEMENT

- **Emergency Management Coordinator: Z Raymond Sokolowski**
- **Monday – Friday: 8:30 AM – 4:30 PM**

Emergency Management develops and maintains the Borough's emergency operation plans and standard operating procedures.

### FIRE SERVICES

- **Fire Chief: Timothy Gunning**
- **Deputy Fire Marshal/Deputy Emergency Management Coordinator: Stephen Young**
- **Monday – Friday: 8:30 AM – 4:30 PM**

Fire Services performs annual fire inspections on fire alarms, sprinkler, and suppression systems in commercial buildings throughout the Borough. Washington Fire Company No. 1 and Conshohocken Fire Company No. 2 provide volunteer firefighting services to Conshohocken Borough. Emergency Medical Services are provided by Narberth Ambulance, Medic 313.

### LICENSES & INSPECTIONS

- **Director of Licenses and Inspections: Christopher Small**
- **Monday – Friday: 8:30 AM – 4:30 PM**

Licenses & Inspections is responsible for regulating various business activities through permits, licenses, certificates, and inspections to facilitate code enforcement and compliance, and decrease code violations.

### PUBLIC SERVICES

- **Director of Public Works, Frank Perry**
- **Monday – Friday: 6:30 AM – 3:00 PM**

Public Works operates as four divisions: Buildings; Parks, Landscaping & Grounds; Sanitation and Recycling; and Streets. To learn more about what each division does, visit the Borough's website.

## SUBDIVISION AND LAND DEVELOPMENT

- **Stephanie Cecco, Borough Manager**
- **Brittany Rogers, Executive Assistant to the Borough Manager**
- **Gilmore & Associates: Karen M. MacNair, P.E., Borough Engineer**
- **Monday – Friday: 8:30 AM – 4:30 PM**

Subdivision and Land Development ensures the orderly, efficient, and harmonious development of the Borough, including buildings, streets, and open space. In doing so, the Borough can plan for the needs of the community while safeguarding natural resources and historic places.

## ZONING SERVICES

- **Allison Lee, PE, Zoning Officer (Pennoni)**
  - **Office Hours: Tuesday: 8:30 AM – 12:30 PM  
Thursday: 8:30 AM – 12:30 PM**
  - **Brittany Rogers, Executive Assistant to the Borough Manager**
- Zoning regulates development and helps implement the goals of our Comprehensive Plan. Particularly, zoning refers to the division of the Borough into various districts, in accordance with the official Zoning Map. Rules for each zoning district are outlined in the Zoning Ordinance.



# STAY CONNECTED



## Follow Us!

### Conshohocken Borough @ConshohockenBorough

Notices, meeting announcements, agendas, community events, trash and recycling updates, holiday closures and more!

### Conshohocken Police Department @Conshohocken Police Department

Police events, news, and updates!

### Conshohocken Community Center at the Fellowship House @CommunityCenteratthefel

Recreational Department info, including programs, events, fitness opportunities, membership info, park updates and activities for all ages!

### Conshohocken Borough E-News

#### Articles - [www.conshohockenpa.gov](http://www.conshohockenpa.gov)

Visit the Borough's website and sign up to receive Borough News directly to your email. Sign up for notifications on meeting alerts, calendar and website updates, and news on special events and more!

### Conshohocken Borough TV Channel

Stay up to date on news and announcements or catch the latest Council Meeting recording from your TV. Go to Verizon channel 20, or Comcast channel 965.

### Conshohocken Borough (Twitter)



#### @ConshyBorough

Follow the Borough's Twitter page for news and announcements.

### CodeRED Alert Notifications

#### [www.conshohockenpa.gov/CodeRED](http://www.conshohockenpa.gov/CodeRED)

We highly encourage all residents, businesses, visitors, and employees working within the Borough of Conshohocken to create an account and register online to receive notifications. These alerts include critical information on both emergency and non-emergency related incidents relevant to Conshohocken Borough only. All messaging that comes from CodeRED is initiated directly from Conshohocken Borough's Administration. Sign up by visiting the above web address.



## ENGINEERING

### DO YOU KNOW. . . *the difference between a storm drain and a sewer?*

Storm drains collect rainwater and snow melt from outside our homes and businesses and carry it, untreated, directly to streams and rivers.

Sewers collect water from inside homes and businesses (e.g., sinks, showers, toilets, washing machines) and carry it to treatment plants, where it is cleaned before it reaches streams and rivers.

Remember: *Only rain should go into storm drains!*

### STORMWATER RUNOFF FACTS

Rainfall that does not soak into the ground due to impervious surfaces, like pavement and concrete, becomes runoff and flows overland into streets and along curbs. As that water moves, it picks up and carries away natural and human-made pollutants. This runoff from rainfall and snowmelt flows from the streets into storm drains and is untreated before reaching streams and rivers.

Where possible, managing pollutants at the source can be the easiest way to ensure our streams, rivers, and the environment downstream are protected. Below are lists of pollutants, sources, and potential actions you can take to make a difference in protecting our runoff.

Please report any of these suspected issues to Conshohocken Borough at 610-828-1092 or using the Illicit Discharge Report Form that can be found on the Borough's stormwater webpage linked below.

For more information on the Borough's stormwater activities and stormwater education resources, please visit the Borough's stormwater webpage at: <https://www.conshohockenpa.gov/departments/subdivision-land-development/stormwater-management/>

Source: <https://www.azstorm.org/>



#### Common stormwater pollutants:

- Nutrients (ammonia, phosphorus) and chemicals (pesticides)
- Bacteria (fecal coliform, Escherichia coli)
- Hydrocarbons (oils and greases)
- Soils - Yes, dirt can be a pollutant!
- Garbage (Styrofoam cups, cigarette butts, clothing, etc.)

#### Sources of stormwater pollutants:

- Lawn fertilizers, mulch, bug spray, or weed killer
- Pet and wildlife excrement
- Vehicle and equipment wear (brake pads, leaky hoses)
- Construction (loose earth)
- Litterbugs and unopened or full trash bins

#### Actions to minimize stormwater pollutants:

- Use fertilizers in accordance with the manufacturer's label; Minimize the use of organic compost – use just enough
- Pick up after pets; Resist the urge to feed ducks and geese
- Maintain vehicles in good repair, fix leaks, and clean up spills
- Park on stabilized driveways and parking areas when possible
- Bag and tie trash; avoid placing trash outside of the garbage bins



# POLICE SERVICES



**CONSHOHOCKEN POLICE STATION:** 400 Fayette Street, Suite 100 (1st floor), Conshohocken, PA 19428  
**Phone:** (610) 828-4032 | **Fax:** (610) 828-5243 | **Emergency:** 911



With Fall in the air, many changes are happening around us. School is starting back again, and the leaves are changing colors. The Conshohocken Police Department has also experienced several changes over the last few months.

In June, we said farewell to Chief George Metz, who entered retirement after 38 years of dedicated service to the Borough. George was awarded numerous commendations and citations throughout his career and was Hancock F.O.P. Officer of the Year. George served as Patrolman, Sergeant, Lieutenant, and Chief. His storied career will leave a lasting impression on the members of the police department and the community he served.

The police department also had personnel changes. A new full-time patrol officer was added to the ranks: Officer Christopher Montowski. Officer Montowski is a nine-year veteran of the Philadelphia Police Department and a great addition to the force.

Officer John A. Storti III, a 25-year veteran of the Conshohocken Police Department and a lifelong Conshohocken resident, was promoted to sergeant. Over the years, Sergeant Storti has led the Holiday Toy Collection, Thanksgiving Basket Giveaway, and many other dedicated services to our community. His leadership role in the department will be a great asset. Finally, Sergeant David Lennon, a 22-year veteran of the department, the last 12 in the role of sergeant, was promoted to lieutenant and will serve as acting chief until a Chief of Police is appointed. Lieutenant Lennon also serves as the Deputy Emergency Management

## FEES FOR SERVICES

- Police reports: .....\$0.25 per page
- Accident reports:.....\$15.00
- Tow release:.....\$25.00 plus tow operator fee
- Finger prints:.....\$10.00 by appointment only

Coordinator, is an FAA-certified drone pilot, and is the instructor of the department's bicycle unit. His wealth of knowledge will benefit the department immensely.

### Blue Envelope Program

The Conshohocken Police Department is participating in the "BLUE ENVELOPE PROGRAM" to assist special-needs drivers. The purpose of this program is to help vehicle drivers who have conditions such as Autism Spectrum Disorder, communications challenges, dementia, anxiety, or other conditions that might impair their ability to communicate easily during a traffic stop, car accident, or other driving related interactions with police officers.



These envelopes are available in the police lobby open weekdays 8 am-4 pm.

Did you know the Conshohocken Police Department offers online police reporting and a traffic safety concern portal? Visit our website for more information about reporting non-emergency crimes and concerns.

[conshohockenpa.gov/departments/police-services](http://conshohockenpa.gov/departments/police-services)

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# FIRE SERVICES

The Fire Services Team works closely with Licensing & Inspections, Emergency Management, the Police Department, and Narberth Ambulance to further ensure the protection of life and property of our citizens, visitors, and businesses. The Borough of Conshohocken employs part-time firefighters and three full-time career firefighters, who also serve as the Borough's fire inspectors. Fire inspectors are tasked with performing annual inspections on fire alarms and fire protection systems in new and/or existing commercial buildings within the Borough of Conshohocken. State and local fire codes require that every business receive a regular fire inspection.

Fire Services for Conshohocken also consists of two volunteer fire stations, Washington Fire Company No. 1 and Conshohocken Fire Company No. 2. Both fire companies operate under station 55 and provide volunteer firefighting services to the Borough of Conshohocken.

## Home & Fire Safety

The Conshohocken Fire Department has noticed an increase in electrical house fires due to misuse of power strips. It is important to use power strips correctly. Never use multiple extension cords in one outlet. Overloading outlets, circuits, and extension cords by plugging too many things into one area can cause an electrical fire.

### Avoid potential fires by following these safety tips below:

- Check to ensure that all electrical cords are in good condition and are not broken or cut.
- Clean the lint from your dryer after every use.
- Check to see if all plug outlets are safe and do not feel warm when you touch them. If they are warm, call an electrician.

## Free Smoke Detectors & Installation

Free smoke detectors are available to property owners and may be picked up at Borough Hall (400 Fayette Street, Suite 200, Conshohocken, PA 19428). Supplies are limited to three (3) smoke detectors per household. Residents requiring special accommodations may arrange to have their smoke detectors delivered and/or installed at no charge. Please contact the Fire Chief directly to arrange.

## Carbon Monoxide Alarms

- Install carbon monoxide alarms on each level of your home.
- Make sure carbon monoxide alarms are less than 7 years old.

## Fire Hydrant Clearance

Ensure firefighters have access to fire hydrants at any time of the year. Wintry weather can create fire safety hazards, such as ice or heavy snowfall that can obstruct fire hydrants. You can help reduce the risk by keeping fire hydrants accessible and clear of ice and snow.

## Fire Prevention Education & Events

Fire Services offers a variety of educational opportunities and events to spread awareness about fire safety. Conshohocken's Fire Services Team provides on-site fire safety education year-round to the community at no cost. We encourage schools and businesses within the Borough of Conshohocken to contact the Fire Chief to learn more, or to schedule an onsite visit today! Conshohocken partners with Plymouth and Whitemarsh Townships to host the annual Colonial Fire Prevention Expo. The event is held in October during Fire Prevention Week and rotates each year among the Borough of Conshohocken, Plymouth, and Whitemarsh Townships. The night is full of fun, interactive and educational displays, including vehicle, water, and high angle rescue demonstrations. Event information is announced on the Borough's website under News and posted to the Borough's social media pages.

## DEPARTMENT STAFF

### Tim Gunning

*Fire Chief & Fire Marshal*

### Steve Young

*Battalion Chief, Deputy Fire Marshal  
& Deputy Emergency Management Coordinator*

### Megan Klosterman

*Career Firefighter*

**CONSHOHOCKEN FIRE COMPANY #2**  
SERVING SINCE 1903

*Greetings!*  
This year, the Conshohocken Fire Company #2 is embarking on **120 years** of faithful service to Conshohocken. One thing that has not changed over the years is that we remain a **100% volunteer organization**.

Interested in volunteering with us? Visit our website or our social media pages for application information!

**2022 STATISTICS**  
628 INCIDENTS  
48 WEEKLY TRAININGS  
18 SPECIAL SERVICES

**435 HOURS**  
TIME IN SERVICE

*Stay in touch!*

819 FAYETTE STREET, CONSHOHOCKEN, PA 19428  
(610) 828-4095 **EMERGENCY: 911**  
WWW.CONSHOHOCKENFIRE.ORG

CONSHOHOCKEN FIRE COMPANY #2  
@CONSHOHOCKENFIRENO.2  
INFORMATION@CONSHOHOCKENFIRE.ORG

# LICENSES & INSPECTIONS

The Licenses and Inspections department is responsible for the administration and enforcement of Borough ordinances, along with Federal and State building codes. These ordinances may pertain to building, zoning, land development, housing, and property maintenance.

It also responds to citizen complaints concerning property maintenance (lawn maintenance, snow removal, etc.); construction project inspections; apartment inspections; curb and sidewalk inspections, and applications regarding building projects. Licenses and Inspections issues permits for Use and Occupancy, repairs, replacements, additions, and new installations of boilers, roofs, etc.

Licenses and Inspections works closely with the Police Department and the Borough's Fire Marshal in the resolution of health and safety issues as well as residential nuisance complaints on a day-to-day basis.

## DEPARTMENT STAFF

**Christopher Small**

*Director of Licenses and Inspections*

**Alexis Wilmot**

*Code Enforcement Officer*

**Matthew Traynor**

*Commercial Building Inspector*

**Michelle Summers**

*Licenses and Inspections Administrative Specialist*

# HOUSING REHABILITATION PROGRAM

## IS YOUR HOUSE IN NEED OF REPAIR? THE BOROUGH MAY BE ABLE TO HELP!

Conshohocken's Housing Rehabilitation can repair or replace roofs, windows, doors, electric systems, plumbing, kitchens, bathrooms, and more. Accessible modifications such as grab bars, first-floor powder rooms, ramps, etc., can be installed. The Program can help with most home repairs, safety improvements, handicapped accessibility, and building code requirements.

To be eligible, you must:

- Be a Borough of Conshohocken Resident.
- Own and occupy a single-family residence.

- Taxes and sewer fees must be paid.
- Your total household income cannot exceed the following:  
1-person household - \$62,500, 2-person household - \$71,400,  
3-person - \$80,350, 4-person - \$89,250, 5-person - \$96,400,  
6-person - \$103,550.
- You cannot be an employee of the Borough of Conshohocken.

If you are interested, please contact Nancy Nugent at 610-246-3979.

Conshohocken's Housing Rehabilitation Program is funded with a Federal Community Development Block Grant and HOME funds provided through the Pennsylvania Department of Community and Economic Development.

*Thanks!*

*The borough would like to thank the businesses that appear in this newsletter and recognizes each of them as contributors to our community. Thanks to their advertising support, this newsletter has been produced at no charge to our residents.*

YOUR TRUSTED INSURANCE PARTNERS FOR  
HOME & BUSINESS PROTECTION

**GIG** GILCHRIST  
INSURANCE GROUP

Troy Gilchrist, *President*  
610-566-9229 • info@ginsgroup.com

[www.ginsgroup.com](http://www.ginsgroup.com)



**Board Certified Physicians and Physician Assistants**

2 OFFICES

531 W. Germantown Pike, Plymouth Meeting, PA 19462  
Jefferson Einstein Medical Center, East Norriton, PA 19403



**610.828.0400**

- Medical Dermatology
- Surgical Dermatology
- Cosmetic Dermatology
- Pediatric Dermatology

[www.plymouthmeetingdermatology.com](http://www.plymouthmeetingdermatology.com)



# ENVIRONMENTAL ADVISORY COUNCIL

This spring, our area experienced quite a noticeable shortage of rain. Conshohocken had less than 1” of total rainfall. During these times of drought stress, mowed turf grass tends to go dormant to protect itself from further damage. This appears as browning and “crispy” grass blades. Actively growing cool season turf grass needs about 1” of rainfall per week to stay healthy. Many of the soils in our area are rich in clay, and when the soil dries out, it becomes as hard as concrete. Without the soil moisture, you’ll notice soil cracking in mowed turf grass areas. This creates opportunities for weed seeds to blow into these cracks via wind or bird droppings, then germinate and grow. Dry clay soils do not absorb rainfall easily. Small passing rain events will not penetrate deep into the soil and often dry up quickly. With shallow rain, turf grass roots will have limited growth, weakening the plants and making them susceptible to easy pulling.



In the summer months, short heavy rainfall events may be common; however, the soil will typically not have enough time to absorb the rain, and the water will wash downhill. This causes topsoil erosion due to raindrops hitting the dry clay soil and washing down the drain. As a result, our stormwater management systems become overloaded, which in turn causes flash flooding and a higher drawl of energy to clean and process the heavy rainfall. Turf grass area soils are highly susceptible to drying, cracking, and eroding due to the short height of the plants. Raindrops fall to the ground at an average of 25 mph. When a lawn is properly maintained, this usually means that there are only 4” of grass to slow down the rain before making contact with the soil. Turf grass root growth is typically a reflection of the mowing height.

A great alternative to mowed turf grass is native gardens, which provide a combination of more vegetation coverage to reduce soil temperatures, slow down rainfall, reduce erosion, increase absorption of rainwater, and deeper growth of roots. Converting turf grass areas into native gardens is a fun and easy way to have a positive effect on your local community and ecology. Native perennials and grasses are drought tolerant because they can grow deep roots in the clay soils that they have grown in for thousands of years. These deep roots allow rainfall to penetrate deeper as well. The deep water infiltration helps the soil stay cool, keeps the plant hydrated at times of rainfall shortage or drought, and cleans water of toxins through the soil microorganisms and fungal networks via plant roots. For more information, see *A Farewell to Lawns* (nwf.org) or reach out to your local native plant nursery or ecological landscaping company to learn more about converting your dry turf grass areas into native spaces full of happiness and smiles.

## EMERGENCY MANAGEMENT

Emergency Management supports the development and implementation of the Borough of Conshohocken’s emergency operation plans and standard operating procedures in large-scale incidents and events. Emergency Management exists to support our first responders and all emergency personnel. The department consists of Police, Fire, EMS, Borough Administration, and Public Services personnel, in combination with our Borough Council.

Our biggest overall objective is to prepare the community for large-scale emergency situations.

Emergency Preparedness can start with you. Disasters can strike without warning, forcing you to go for days without necessities or to evacuate your home. Relief workers will be on-scene following a disaster but may not be able to reach you immediately.

Creating a plan and knowing the steps to take during a disaster can greatly reduce the danger and distress your family may face. Your emergency plan should accommodate any unique needs related to family, pets, infants, children, and any family members with health, disability, or mobility concerns.

If there is an emergency in our area, you might not be able to get food, water, and other necessities you need. That is why a key action for preparedness is to make an emergency supply kit and keep it readily available in your home.

The Borough of Conshohocken has an Emergency Preparedness Guide to assist you in creating your Emergency Plan. This can be found on our website under Departments | Emergency Management.

Stay informed through the Borough’s Emergency Alert System CodeRED.

For more information, please visit our website, [www.conshohockenpa.gov](http://www.conshohockenpa.gov), or contact our Emergency Management team at (610) 828-1092 x102.



# PUBLIC SERVICES

## 2023 Holiday Solid Waste & Recycle Collection Schedule

If a holiday falls on a Monday or Tuesday, trash and recycling will be picked up on Wednesday and yard waste will be picked up on Thursday. Note that holidays that fall on a Saturday or Sunday are observed by the Public Services Team the following Monday. Therefore, Wednesday is the make up Trash and Recycling Day for applicable Monday holiday closures.

*Holiday stickers for trash & recycling carts lids are now available at Borough Hall for residents to pick up and use.*

LABOR DAY ..... Monday, September 4, 2023  
COLUMBUS DAY ..... Monday, October 9, 2023  
VETERANS DAY, *OBSERVED*... Friday, November 10, 2023  
THANKSGIVING DAY ..... Thursday, November 23, 2023

DAY AFTER THANKSGIVING..... Friday, November 24, 2023  
CHRISTMAS..... Monday, December 25, 2023  
NEW YEAR'S DAY..... Monday, January 1, 2024  
MARTIN LUTHER KING JR. DAY. ... Monday, January 15, 2024  
PRESIDENTS DAY..... Monday, February 19, 2024

## Trash & Recycling Cart Updates

Borough approved containers must be used for all residential trash and recycling, unless other arrangements have been made, and approved, by the Public Services Department. Trash and recycling cans must have two wheels, a metal lift bar, and an attached lid. Unapproved containers will be tagged for no future pickups until the residence comes into compliance.

## Trash Collection Rules and Regulations

- There is a limit of four (4) cans/bags per household per pick-up (200 pounds maximum)
- Each can/bag is not to be heavier than 50 pounds.
- Needles, syringes, lances, and other sharp objects should be placed in a metal container with a secure lid so as not to be a hazard.
- Please place your cans/bags at curbside on your property no earlier than 5:00 PM the night before and your cans must be removed from curbside no later than 7:00 PM the day of collection.
- No **clean-outs** or **move-outs** unless prearranged 24 hours in advance.
- No **construction debris** or **carpet** unless prearranged 24 hours in advance.
- Trash will be left curbside and 'red tagged' if deemed to be too heavy, improperly placed, or in an unapproved container. Trash that is left should be returned to the property before 7:00 PM.

## Conshohocken Is Single Stream Recycling

Single stream recycling allows all your recyclable materials to be placed into one recycling container. The best part is you do not have to separate them! Hence, we get the term '**Single Stream Recycling.**' Residents will see trash trucks collecting recyclables. Rest assured recycled materials will go to the recycling facility, NOT the trash-to-steam plant. Recycling carts should be left out before 7:00 AM on collection day, at the front edge of your property or nominated collection point.

*For information on proper disposal of hazardous household waste, please visit: <https://www.montcopa.org/637/Recycling-Information>*

## Yard Waste Collection Rules and Regulations

*Yard waste stickers are available at the Borough office to convert your old blue recycle bin into a container for yard waste disposal.*

All residences must participate in the Borough's recycling programs by separating their recyclable material from their regular trash. Yard waste is recyclable; therefore, the separation and collection of this material is mandated by the Commonwealth of Pennsylvania and Conshohocken Borough.

- Weeds, leaves, brush, and plants should be placed in biodegradable paper composting bags. Please no trash in these bags.
- Each bag should not be heavier than 50 pounds.
- Tree branches under five (5") in diameter, not exceeding five (5') in length, are to be securely tied into bundles and should not be heavier than 50 pounds.
- Christmas trees. No decorations, tree stands or plastic tree bags.
- Please place your bags, and/or bundles at curbside on your property no earlier than 5:00 PM the night before.

### TRASH SCHEDULE

Monday – East Side  
Tuesday – West Side

### RECYCLING SCHEDULE

Monday – East Side  
Tuesday – West Side

### YARD WASTE SCHEDULE

Wednesday – Entire Borough

### HOLIDAY MAKE-UP DAYS

Wednesday is the make-up day for Trash & Recycling if a Holiday falls on a Monday or Tuesday



## Fall Leaf Collection

Public Services collects fall leaves on an annual basis as part of their Leaf-Vac Recycling Program. The program runs from approximately October through December. Public Services operates on a rotating schedule, which lists collection dates for specific streets. Adverse weather conditions may cause delays to the posted leaf collection dates. Once all scheduled pick-ups are complete, Public Works will continue to collect fall leaves as needed, weather permitting.

The annual Leaf-Vac Collection Schedule is posted to the Borough's website under News just prior to the start of collection.

## Leaf Collection Rules and Regulations:

- Leaf piles must be raked to the curb but not into the street. Leaf piles may extend along the length of your entire property.
- Do not mix limbs, brush, and other debris in the leaf piles. This may result in damage to equipment and injuries to employees.
- Once the leaf-collecting machine passes it will NOT return.
- Leaves will not be collected in the trash. Trash with leaves commingled will not be collected.
- NO PARKING signs will be posted on scheduled streets prior to leaf-vac collection. Motorists should obey the posted 'no parking' signs and be cautious on all roads during leaf collection season.
- Leaf collection is limited on E. Hector and Elm Streets due to narrow roads, high traffic volume, one-way traffic, and the leaf-vac equipment. Public Services will make every effort to leaf-vac these roads, however residents on these blocks should plan to bag their leaves and/or yard waste and place curbside for pick up on Wednesdays with yard waste collection.

## Christmas Tree Recycling

Public Works collects Christmas trees each year following the holiday. Christmas trees should be placed curbside the Tuesday before yard waste collection. The trees are collected, chipped, and composted. All tree bags, ornaments, lights, and stands must be removed.

## Snow Removal

Efficient snow removal helps ensure the safety of our residents, visitors, and those traveling through the Borough. When it snows, Public Services makes every effort to clear all Borough and state roads within six (6) to 10 hours after snow has stopped falling. Public Services utilizes a snow management plan that consists of pre-treating roads with a brine solution and plowing during and after a snowstorm. Please refrain from parking on the street if you have off-street parking available.

## Plowing

Residents with off street parking should refrain from parking on the street so that Public Services can clear more of the road. Cones, lawn chairs or other objects used to reserve parking spaces during a snowstorm are prohibited. Public Services will not stop plowing to remove objects used to reserve parking spaces.

## State and Local Roads

Public Services is responsible for plowing all local and state (PennDOT) owned roads including the Matsonford Bridge, as well as train station cross walks within the Borough of Conshohocken. SEPTA is responsible for clearing snow from the train station and all steps and/or staircases accessing the train station.

## Declared Snow Emergency

When the Mayor declares a snow emergency, residents are required to remove their vehicles from any of the Snow Emergency Routes designated below. During a declared snow emergency parking is restricted in these areas and vehicles may be towed.

## Snow Emergency Routes

- Fayette Street, both sides from the Conshohocken Borough line to the bridge.
- The south side of Freedley Street from 12th to 11th Avenues.
- Poplar Street from Elm Street to Washington Street.
- East First Ave. (Harry Street to Fayette Street)
- West First Ave. (Fayette Street to Forrest Street)

## Snow Removal Reminders for Residents

- Residents should clear their sidewalks after plowing has been completed.
- ***It is illegal to shovel, throw or plow snow from sidewalks onto street parking, driveways, allies and into the street or right-of-way.***
- Please use caution while shoveling heavy, deep snow from your property.
- A 3-foot-wide path on the sidewalk must be cleared on your property within 24 hours after the snow has stopped. Don't forget your crosswalks, handicapped ramps, and alley crossing. The Borough does not plow snow in alleys.
- Dumping snow or ice on Borough property or plowing snow across a street is also prohibited.

# SUTCLIFFE PARK TRAIL RECONSTRUCTION PROJECT UPDATE

The design for reconstructing the walking trail at Sutcliffe Park is nearing completion. Plans include:

- Replacement of the trail's walking surface;
- Drainage improvements to prevent water pooling on the trail;
- Construction of a new level trail loop to benefit older adults and people with disabilities;
- Installation of a new bench and signs.

Construction is anticipated to begin in Spring 2024. Further information regarding the project will be provided once it becomes

available. Please contact Chris Stetler at 610-828-1092 if you have questions regarding the trail reconstruction project.

Funding for this project is provided by the Pennsylvania Department of Conservation and Natural Resources, the Commonwealth Finance Agency's Greenways, Trail, and Recreation Program, and the Borough of Conshohocken.



# CONSHOHOCKEN FREE LIBRARY

Fall into lifelong learning opportunities this fall and winter at the Conshohocken Free Library.

We serve the residents of Conshohocken, West Conshohocken, and Plymouth Township with over 2 million cataloged items in circulation last year system-wide. Library cards are FREE for all ages. You can apply online or in person with proof of identification and address.

Our Summer Reading programming would not have been a success without the tremendous support of local businesses who provided prizes and promotion. A special thank you to businesses Pieri Hospitality Group, Our Daily Bagel, Insomnia Cookies, Scoops, Conshohocken Italian Bakery, Tony and Joes, and the Artist Loft for providing gift cards for summer reading prizes. We also appreciate promotional support from the Conshohocken Party Supply Store and MontcoRadio.net.

In 2023, Montgomery County Norristown Public Library (MC-NPL) adopted a logo with a stylized image of a honeycomb in the colors burgundy and yellow. This image reflects our deep connection to both Norristown and Montgomery County, Pennsylvania, and the role our library plays in our communities. The honeycomb motif is inspired by Norristown's municipal seal, which features a beehive, and the motto, Fervet Opus, which we translate loosely as "busy as a bee!"

As a branch, Conshohocken Free Library designed and approved its own matching honeycomb with an image of our iconic dormer window. A library is like a honeycomb: it is a trove of treasures, a hub of activity, and a source of joy. Conshohocken Free Library's connection to MC-NPL connects its residents to material and recourses beyond our borough boundaries, linking us to life-long learning beyond boundaries.

We hope to see everybody in and outside the library during

FunFest in September! We strive to offer programming for all ages, including Baby and Toddler story times, after-school playgroups, and book clubs for adults.

We plan to continue Representative Greg Scott's Constituent Services, including Rent Rebate applications, on the third Thursday of each month from 1:30 to 3 p.m. in the Community Room.

Our Friends of the Conshohocken Free Library group holds a used book sale on the first Saturday of each month from 11 a.m. to 1 p.m. Hardcover books are a dollar, paperbacks fifty cents, and the best deal is to fill a bag, any size, for five dollars. Money raised helps support programming and our museum pass collection.

Did you know we provide museum passes to check out like books? Find out more at our circulation desk.

Stay up to date on everything happening at the library by joining our Happenings emailing list. Use the QR code to access our website, sign up for our electronic newsletter or stop by for a paper copy monthly. You can also email the library any time at askcon@mclinc.org. Make sure you check our website and Facebook page for a list of 2023 holiday closures.

Whether you are a new or longtime patron, we look forward to providing opportunities for learning to residents of all ages in Conshohocken and surrounding areas.



## Conshohocken Free Library

### Building Hours:

Mondays & Wednesdays 12-8pm  
Tuesdays & Thursdays 10am-5pm  
Fridays 12-5pm  
Saturdays 10am-2pm  
Closed Sundays

Scan for Website



## 2023 CRC Programs & Opportunities

Conshohocken Rowing Center is excited to offer its fall and winter programming for youth and adults. Programs vary for ages 12 and up, including adult memberships and programs. Check out our website for more information.

*Residents of the Borough of Conshohocken get a 50% discount on all programming and opportunities.*



[conshohockenrowingcenter.org](http://conshohockenrowingcenter.org)

[rowingcrc@gmail.com](mailto:rowingcrc@gmail.com)





# Support Narberth Ambulance by Joining Our

## 2023-2024 Membership Drive!

### When you call, we come!

We are Narberth Ambulance, Conshohocken's 9-1-1 EMS provider. As a non-profit 501(c)(3), we receive just 1% of our budget from the municipalities we serve, and rely on your benevolence, not your tax dollars, to fund our lifesaving services.

Our annual membership drive, beginning November 1, is one of the best ways to support high quality emergency medical services and keep your costs down should you need us.

#### Membership fees include:

- \$80 for a family
- \$60 for a senior couple
- \$35 for an individual senior (65+)
- \$55 for an individual

Your membership ensures that, regardless of your insurance, you will make no payments beyond your mandatory copays and deductibles.



### Renew or purchase your membership!

You can donate or join our membership drive on our website or through the mail. Your donation is tax deductible and a powerful way to demonstrate your commitment to your community.

To learn more, volunteer with us, or donate, visit

[www.NarberthAmbulance.org](http://www.NarberthAmbulance.org)

Follow us on social media: narberth\_ambulance Narberth Ambulance.



## NEW CURB RAMP INSTALLATIONS

Conshohocken continues efforts to install curb ramps at intersections and across alleyways throughout the Borough. In Fall 2023, curb ramps will be installed across alleyways and at one intersection on the Borough's west side. Ramps will be constructed on West 10th and West 11th Avenues between Wood and Maple Streets; Wood Street at West 4th Avenue and between West 6th and West 7th Avenues; and Freedley Street between West 10th and West 11th Avenues. A ramp also will be constructed on East 5th Avenue between Harry and Fayette Street to reduce a tripping hazard.

Work will begin around September and should be finished by January 2024. Questions about this project should be addressed to Chris Stetler at 610-828-1092.

Funding for this project comes from federal Community Development Block Grant funds provided through the Pennsylvania Department of Community and Economic Development. Curb ramps benefit all residents, especially older adults and people with disabilities making walking through the Borough easier and safer.



# RECREATION SERVICES

## Live, Work, Play!

### Creating Community Through People, Parks and Programming!

Welcome to the Department of Recreation Services. Our department's mission is to "enhance the quality of life for all residents through physical, mental, cultural, social and environmental development."



## Recreational Facilities

Looking for a location for your next event? Check out our facilities available for rent. For a complete fee schedule and list of available buildings, parks and amenities please visit us at [www.conshohockenpa.gov](http://www.conshohockenpa.gov)

- The Community Center at the Fellowship House
- Mary Wood Park House
- Mary Wood Park
- Sutcliffe Park
- Aubrey Collins Park
- 2nd Avenue Meadows
- A-Field
- B-Field



## Fitness Court

This world-class outdoor bodyweight circuit training system is designed so that people of all levels and abilities can get a full body workout in just 7 minutes. Each station utilizes body weight to increase fitness levels. Instructions for each workout can be found on the wall decals or through the downloadable Fitness Court app available on iPhone and Android devices. The app includes guided audio workouts and tutorial videos; graded difficulties, HIIT, upper, lower and full body routines; and workouts hosted by expert celebrity trainers and influencers. The new fitness court includes the following equipment and features:

- Plyometric / Squat Boxes
- Lunge Step Course
- Agility Dots
- Agility Ladders
- 2 Bending Stations
- Concrete Border
- Rubberized Tile Surface
- Progressive Training Wall
- 2 Sets of Destabilized Pushing Handles
- 2 Sets of Stabilized Pushing Ladders
- 7 Progressive Foothold Strips
- 2 Sets Rowing Handles
- 4 Full Body Rowing Stations
- 2 Sets of Bicep Curl Rings
- 2 Sets of Muscle-Up Rings
- 2 Sets of Stabilized Pull-Up Bars

## HERE'S HOW TO REGISTER FOR CLASSES, PROGRAMS & EVENTS!

*Creating Community Through People,  
Parks, & Programming*

### REGISTER ONLINE

Go to <https://conshohockenrsp.recdesk.com>. To register online, a credit card is needed. Prior to registering for any activity you must first create a customer account through the RecDesk Community Portal.

### REGISTER OVER THE PHONE

Call us at 610-828-3266. To register over the phone, a credit card is needed. If you do not already have an online account, one will be created for you.

### REGISTER IN PERSON

Visit us at the Community Center at the Fellowship House, located at 515 Harry Street, Conshohocken, PA 19428. Cash checks, and credit cards are accepted in person. If you do not already have an online account, one will be created for you.

## Parties & Events

Hold your next party or event at the Conshohocken Community Center at the Fel! Book now. Space is limited so call today! For rental fees and polices contact 610-828-3266 or email [RecServices@conshohockenpa.gov](mailto:RecServices@conshohockenpa.gov).

## Memberships

Daily, monthly, and annual passes are available! SIGN UP NOW! Purchase or renew a Community Center at the Fel membership today! For memberships and pricing, visit [www.conshohockenpa.gov](http://www.conshohockenpa.gov) or contact us directly at 610-828-3266.

## DISCOUNT TICKETS

The Recreation Services Department in conjunction with Pennsylvania Parks & Recreation Society (PRPS) offers discount tickets. Call today to check on availability!







# 2023 Recreation Services Special Events

Make sure you mark your calendar for these Recreation Services special events!



## AMERICAN RED CROSS BLOOD DRIVE

October 29, 2023 | 9am – 2pm

## WINTER WONDERLAND

December 9, 2023 | 12pm

## HALLOWEEN PUMPKIN PAINTING

October 14, 2023 | 10am

## GEORGE SNEAR GIRLS HOLIDAY BASKETBALL TOURNAMENT

December 27 & December 28, 2023  
6pm – 9pm

## THANKSGIVING SENIOR LUNCHEON

November 15, 2023 | 12pm

## HOLIDAY SENIOR LUNCHEON

December 13, 2023 | 12pm

*Dates may be subject to change.  
Call the Community Center at the Fel  
for more info or check the Fall/Winter Recreation  
Services Activity Guide.*



# FITNESS

### Group Fitness

The following group fitness programs are FREE with a Community Center Membership. Registration is not required. Classes are ongoing throughout the year.

- Active Fitness (62+) Mondays, Thursdays, Fridays
- H.I.I.T with Eileen (18+) Wednesdays
- Cardio & Core (18+) Fridays

The following group fitness programs will be offered this fall at an additional cost. Registration is required. Please check the Recreation Services Activity Guide or website for session dates, times, costs.

- Barre Fitness
- Chair Yoga with Yoga Home
- Spin
- Kick + Core
- Low Impact Zumba
- Pilates
- Yoga for Beginners

### Silver Sneakers/Prime and Renew Active Fitness

The Community Center at the Fel is a participating member of Silver Sneakers and Prime and new this year, Renew Active/One Pass. These programs are offered through your health insurance provider. You will have access to all the services and privileges, and/or classes that are normally a part of our standard membership.



### Open Gym

The Community Center has open gym times based on the daily schedule. For information on the daily schedule, you can contact the Community Center at the Fel at 610-828-3266 or you can view it at <https://conshohockenrsp.recdesk.com/Community/Calendar>. Please note that some reservations may be private and not included on the schedule.

**Seeking Fitness Instructors** - We are looking for experienced group fitness instructors/providers with innovative and creative ideas. Classes can be continuous (ex. 4 weeks) or a one-time workshop. If you are interested, please contact Lauren Irizarry at [lirizarry@conshohockenpa.gov](mailto:lirizarry@conshohockenpa.gov).

## 2023 CONSHOHOCKEN FUNFEST

The Borough of Conshohocken is pleased to announce that Funfest will take place in 2023 on Saturday, September 16. Funfest has become a long-standing community event dating back to 1993. The event has been made possible in part by our residents, businesses, volunteers, and donors who have dedicated their time and resources.



### Event Details

Saturday, September 16, 2023  
Noon until 8 p.m.  
Fayette Street from 1st to 6th Avenue

### Activities

The event will be filled with live music and outdoor restaurant dining at 1st Avenue and Fayette Street. It also features a variety of art and craft vendors, community groups, businesses and sponsor tables spanning two blocks, as well as a dedicated children area with free games and activities games. All activities from 2nd to 6th Avenue will go until 6 p.m. Live music and local food and drinks will continue until 8 p.m.!

# RECREATION SERVICES CONTINUED

## PROGRAMMING - ACTIVE OLDER ADULTS (62+)

### Bingo

- Begins Monday, September 12, 2022
- Days/ Time: Mondays mornings at 10:00 am



### Active Fitness

- Monday, Thursday, and Friday mornings at the Community Center at the Fel.
- Time: 8:30 am

### Medicare Seminar

- Tuesday, October 24 at 6:30 pm | Wednesday, October 25 at 1 pm
- Free. Registration is required.

### Book Club

- Meets the third Tuesday of the month starting September
- Time: 1:00 p.m.
- September's read: *Code Name Sapphire* by Pam Jenoff
- Registration is required.

## PROGRAMMING - ADULTS

### Corporate Lunch Time Basketball

- Tuesdays & Thursdays | 12 pm -2 pm
- Members: Free | Non-Members: \$6

### Sunday Morning Basketball

- Sundays | 9am – 11am
- Members: Free | Non-Members: \$6

### Fall/Winter 2023-2024 Men's Basketball League

- Beginning October 9, 2023
- For more information, contact Tom Brady at 610-828-3266 or [tbrady@conshohockenpa.gov](mailto:tbrady@conshohockenpa.gov).

### Pickleball

- Wednesdays & Fridays, 9:00 a.m.-12:00 p.m.
- Call for availability on other days
- Members: Free | Residents: \$2 | Non-Members: \$3

### Pickleball Clinics

- New to pickleball? Beginner and Intermediate classes will be offered this fall in partnership with Universal Rackets. Day and evening classes will be offered. Check the fall/winter activity guide for more information.

### Infant CPR Training

- Infant CPR training will give individuals the skills necessary to prevent, recognize and provide basic care for emergencies in infants until advanced medical personnel arrive. This is a noncertification class led by Anthony Wiencek of Emergency Training Partners.
- Check the fall/winter Recreation Services Guide for session dates and times.

### Line Dance Fusion

- If you haven't noticed, yet ... Line Dance is back, and it's energized! It's varied and inclusive, which means you learn all kinds of dance moves to a huge variety of music. What a cool way to get the physical, mental and social benefits of solo dancing! Appropriate for all levels, from those new to dance through experienced dancers.
- Check the fall/winter Recreation Services Guide for session dates and times.



## Summer Camp

The Borough of Conshohocken Summer Day Camp will be entering its 6th year! Designed for campers ages 6-12 years old, the Conshohocken Summer Day Camp engages campers in a wide variety of recreational activities. Offering nine one-week sessions each with a unique theme, campers will participate in weekly field trips, swimming, arts and crafts, traditional camp games, and more! Camp is housed at the Community Center at the Fellowship House which features a recreational facility and an outdoor play area at Mary Wood Park. Regular camp hours are from 9am-4pm, with an option for extended day available with registration.

### 2024 Camp Dates: June 17 – August 16

Registration will begin January 8, 2024.

Register prior to March 1st for an early bird discount. Call to inquire about our payment plan option.



## PROGRAMMING - YOUTH

### Tiny Tots Open Play

- Wednesdays beginning 9/13
- Ages: Crawler – 3 years old
- 10:00 am – 2:00 pm
- Members: Free | Non-Members: \$5



### Kids Kare After School Program

- Kids Kare After School Program is a safe, fun, supervised program that offers a solution for working parents of Conshohocken Elementary. Afternoons will include a snack, homework time, physical activities, and crafts. Registration is required for each session. Space is limited.
- Grades: K-3
- Dates:

Session 1: September 5th – Dec. 22nd

Fee:

- 1 Child: \$700
- 2 Children: \$650
- 3 Children: \$600

Session 2: January 2nd – March 22nd

Fee:

- 1 Child: \$575
- 2 Children: \$525
- 3 Children: \$475

Session 3: April 1st – June 14th

Fee:

- 1 Child: \$700
- 2 Children: \$650
- 3 Children: \$600

### School's Out Days

- When school is out, we're in! Let your child come to the Community Center at the Fel on days off from school. Participants will stay busy with activities, crafts, arts, sports, and more. Registration is required. Space is limited.
- Dates:
  - Monday, September 25
  - November 22
  - Winter Break Camp-December 27, 28, 29
  - January 15
  - February 16
  - February 19
- Times: 9am-4pm
- Fee per day:
  - Members: \$40
  - Residents: \$45
  - Non-Residents: \$50
- Winter Break Camp Fee for 3 days:
  - Members: \$125 | Residents: \$130
  - Non-Residents: \$135



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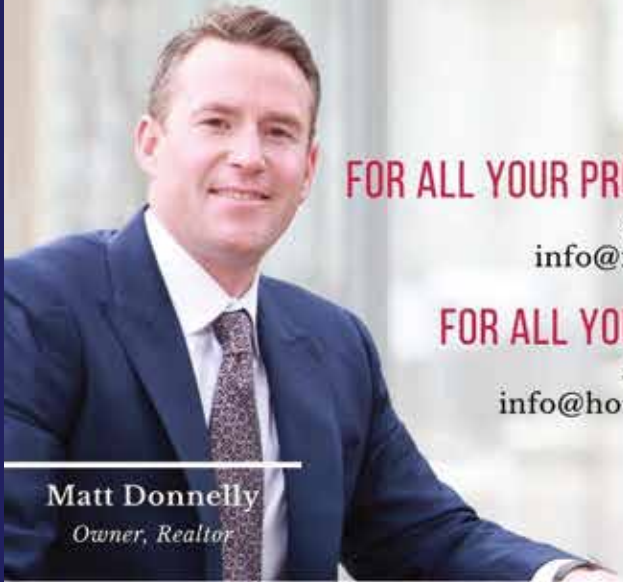
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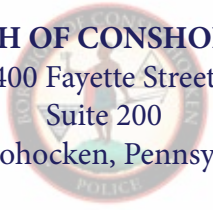
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